



Tere Fere

Product	Size	Ingredients for 100g	Energy	Fat	of which saturated	Carbohydrate	of which sugars	Protein	Salt	Allergens
	g		kJ/kcal	g	g	g	g	g	g	
Tere-fere sweet crisp biscuit	180	wheat flour (58%), sugar, palm fat, wheat starch , honey, raising agents (E503, E500), flavours, salt, antioxidant (E334)	2008/479	19,7	11,0	67,2	22,6	6,8	0,43	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.
Tere-fere crisp biscuit with cocoa	180	wheat flour (54%), sugar, palm fat, cocoa powder (4%), wheat starch , honey, raising agents (E503, E500), flavour, salt, antioxidant (E334).	1955/465	17,0	8,2	70,4	21,5	6,6	0,43	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.
Tere-fere crisp biscuit with coconut	180	wheat flour (57%), sugar, palm fat, coconut shredded (5%), honey, raising agents (E503, E500), flavour, salt, antioxidant (E334)	1951/465	18,1	8,7	65,5	20,4	7,8	0,55	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.
Tere-fere crisp biscuit with honey	180	wheat flour (41%), whole-grain wheat flour (20%), palm fat, sugar, honey (3%), raising agents (E503, E500), flavours, salt, emulsifier (lecithin), antioxidant (E334)	1938/462	18,2	8,8	66,0	22,4	6,9	0,45	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.
Tere-fere sweet crisp biscuit with chocolate chips	150	wheat flour, sugar, palm fat, chocolate chips (5%) [cocoa mass, sugar, fat-reduced cocoa powder, cocoa butter, emulsifier (lecithins)], wheat starch , honey, flavours, raising agents (E503, E500), salt, antioxidant (E334)	1978/471	17,8	8,5	70,0	22,2	6,5	0,40	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.
Mix of Tere-fere crisp biscuit with cocoa and Tere-fere crisp biscuit with coconut	1000	Tere-fere with cocoa: wheat flour, sugar, palm fat, cocoa powder (3%), wheat starch , honey, raising agents (E503, E500), flavour, salt, antioxidant (E334). Tere-fere with coconut: wheat flour, sugar, palm fat, coconut shredded (5%), honey, raising agents (E503, E500), flavour, salt, antioxidant (E334)	1966/469	18,5	8,8	66,0	22,8	7,9	0,43	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.
Tere-fere crisp biscuit with coconut, semi-covered with cocoa mass	150	wheat flour, cocoa mass (25%) [sugar, fully hydrogenated palm fat, low-fat cocoa powder (17%), emulsifier (lecithins), E492, flavour], sugar, palm fat, coconut shredded (3%), honey, raising agents (E503, E500), flavour, salt, antioxidant (E334)	2060/492	22,8	14,9	63,0	29,8	7,0	0,33	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.
Tere-fere crisp biscuit with cocoa, semi-covered with cocoa mass	150	wheat flour, cocoa mass (25%) [sugar, fully hydrogenated palm fat, low-fat cocoa powder (17%), emulsifier (lecithins), E492, flavour], sugar, palm fat, cocoa powder (3%), wheat starch , honey, raising agents (E503, E500), flavour, salt, antioxidant (E334)	2032/485	21,7	14,1	63,8	30,3	6,9	0,33	Contains gluten. It may contain traces of nuts, peanuts, egg- and milk derivatives.